

TYLER D. HEDIN

EMPLOYMENT

July 2016 **Eastern Idaho Spine Center, Idaho Falls, ID**
Sports & Spine outpatient practice

EDUCATION & TRAINING

July 2013 – present **University of Utah, Salt Lake City, UT**
Physical Medicine and Rehabilitation Residency

Jun 2012 – Jun 2013 **University of Utah, Salt Lake City, UT**
Preliminary Internal Medicine Internship

Aug 2008 – May 2012 **Medical College of Wisconsin, Wauwatosa, WI**
MD degree, honored as Physical Medicine and Rehabilitation Student of the Year

Jan 2004 – May 2008 **Brigham Young University, Provo, UT**
B.S. cum laude in Business Management; emphasis in Corporate Finance

VOLUNTEER EXPERIENCE

Aug 2014 – present **Resident Interdisciplinary Committee, PM&R representative**

- Meet monthly with other residents to discuss and implement projects to improve education and training for residents

Sept 2008 – May 2012 **Saturday Free Clinic, volunteer**

- Provided care for patients without insurance, and mentored younger medical students

Sept 2009 – May 2012 **Ronald McDonald House, volunteer**

- Help prepare and serve dinner to patients' families once per semester

April 2009 – Aug. 2009 **MCW First Year Orientation, volunteer**

- Served on several informational panels and organized evening events for incoming M1's

Sept 2008 – May 2009 **Tar Wars, Family Medicine Student Association, volunteer**

- Taught elementary school classes about the harmful effects of tobacco use via oral presentation and interactive demonstrations

WORK EXPERIENCE

July 2014-present **Johnsen Health Services**

- Perform physical exams for disability applicants one weekend per month

LEADERSHIP EXPERIENCE

- April 2009 – April 2010 **Legislative Committee of American Medical Association (AMA), co-chair & treasurer**
- Organized “Legislative Awareness Week” on MCW campus, a week-long event featuring several lunch seminars from politically involved physicians and letter-writing forums
 - Attended Wisconsin Medical Society’s annual “Lobby Day” and served as a student delegate; reviewed, revised, and voted upon proposed resolutions
 - Served on committee that organized several AMA-affiliated events throughout academic year including Residency Fair, community service events, and lunch seminars
 - Created budget and managed funds for student branch of AMA
- April 2009 – April 2010 **American College of Physicians (ACP), treasurer**
- Served on committee in-charge of organizing annual events including case-based lunch discussions, clinical skills workshops, and community service
 - Created budget and managed funds for student branch of ACP
- April 2009 – April 2010 **Oncology Interest Group (OIG), co-president, treasurer**
- Planned several lunch and dinner events featuring oncology patients and faculty for students interested in oncology
 - Created budget and managed funds
- April 2009 – April 2010 **Council of Presidents**
- Collaborated with fellow interest group presidents, addressing issues and funding, and running MCW organizations and interest groups more efficiently

RESEARCH EXPERIENCE

- Aug 2013 – present **Continuous Quality Improvement (CQI), Resident**
- As part of residency training, worked on projects to reduce acute transfers from a large inpatient rehabilitation unit, improve CQI curriculum for residents, and streamline patients presenting with acute low back pain into physical therapy without clinic visit
- Sept 2010 – June 2011 **Physician Scientist Pathway, Student**
- Studied adjuvant hormonal therapy persistence among breast cancer survivors
 - Attended monthly seminars on various research topics such as writing grants, writing and publishing papers, and data analysis
 - Presented my research to students and faculty
- June 2009 – Aug. 2009 **MCW Summer Research Experience, Co-Investigator**
- Organized a project, researched literature, gathered and analyzed data, and designed a poster in preparation for research presentation
- April 2007 – July 2008 **Young Living Essential Oils, Lab Technician**
- Used gas chromatography to analyze over 100 different essential oils
 - Compiled database of literature-based evidence for physiologic effects of essential oils
- Aug. 2006 – Dec. 2006 **Brigham Young University, Lab Assistant**
- Studied mitochondrial DNA in *Arabidopsis* plants
 - Wrote and submitted a research grant
- May 2006 – July 2006 **University of North Texas Health and Science Center**
- Awarded summer internship as 1 of 5 students in university’s STARS program
 - Studied the effects of hyperbaric oxygen on atherosclerosis

- Prepared and gave a research presentation to students and faculty

PRESENTATIONS & PUBLICATIONS

Hedin T. Advancements in the Diagnosis, Management, and Prevention of Concussion. Presented at University of Utah PM&R Grand Rounds on April 6, 2016

Hedin T, Petron D, Cushman D; Isolated Teres Minor Atrophy Presenting as Shoulder Pain: A Case Report. Presented poster at Association of Academic Physiatrists Annual Meeting on Feb 18, 2016

Hedin T, Green M; Ischemic Brain Injury in a Patient with Tuberculosis Meningoencephalitis: A Case Report. Presented poster at American Academy of Physical Medicine & Rehabilitation Annual Assembly on Oct 3, 2015

Flis, A, **Hedin T, Hansen, P;** Continuous Quality Improvement in Physical Medicine & Rehabilitation Residency Programs in the United States. Poster presentation at University of Utah Evidence-Based Practice Poster Fair on May 5, 2015

Hedin T. Ankle Sprains: Acute Management and Chronic Ankle Instability. Oral Presentation at University of Utah Sports Medicine Journal Club on February 10, 2015, Salt Lake City, UT

Hedin T. Osteoarthritis: Recent Changes to ACR, AAOS Guidelines. Oral Presentation at University of Utah Sports Medicine Journal Club on March 11, 2014, Salt Lake City, UT

Hedin T, Sparapani R, Nattinger A. Persistence with Adjuvant Hormonal Therapy Among Older Breast Cancer Survivors. Presented at MCW Summer Research Poster Presentation, September 24, 2009, Milwaukee, WI

Hedin T, Guo C, Nattinger A. Reasons for Non-persistence with Adjuvant Hormonal Therapy Among Older Breast Cancer Survivors. Oral abstract presentation at National SGIM Conference, May 5, 2011, Phoenix, AZ

Hedin T, Guo C, Nattinger A. Reasons for Non-persistence with Adjuvant Hormonal Therapy Among Older Breast Cancer Survivors. Poster presentation at National ASCO Conference, June 6, 2011, Chicago, IL

ORGANIZATIONS

March 2016 – present **Spine Intervention Society, member**

Oct 2015 – present **Association of Academic Physiatrists, member**

June 2013 – present **American Academy of Physical Medicine and Rehabilitation, member**

Sept 2008 – May 2012 **Physical Medicine and Rehabilitation Student Interest Group, member**

- Participated in various workshops and lectures related to PM&R specialty

Sept 2008 – May 2010 **Medical College of Wisconsin Intramural Sports**

- Participated in multiple team sports including softball, volleyball, basketball, and flag football

AWARDS

PM&R Student of the Year May 2012
Eagle Scout May 2000

OUTSIDE INTERESTS

Golf, literature, outdoor recreation, skiing, boating, spending time with wife and 4 children